



MADRID EASL CLINICAL SCHOOL OF HEPATOLOGY

CLINICAL DILEMMAS IN CIRRHOSIS: AN APPROACH FROM THE EVIDENCE TO THE DECISION

7–8 July 2023

SCIENTIFIC PROGRAM

COURSE ORGANIZERS

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Javier Zamora, MD, PhD (Course organizer)
Methodology researchers TBD

VENUE

Hospital Ramón y Cajal, Universidad de Alcalá, Madrid, Spain

PRELIMINARY PROGRAMME OVERVIEW

DAY 1

08:30–09:00	Registration - Meeting point
09:00–09:30	Welcome and introduction to the school format
09:30–10:00	Pre-quiz
10:00–11:30	Introduction to focus on the clinical problems by the clinical Faculty (5 short lectures on the clinical cases topics, 15 min each)
11:30–11:45	Coffee break
12:00–13:30	Methodology lectures by expert faculty on critical appraisal of evidence (4 short lectures, 20 min, on identifying/formulating questions, critical approach to different study designs, grading)
13:30–14:45	Group designation and tutor assignment*
14:45–14:30	Lunch
14:30–18:00	Small group sessions: Presentation of clinical problems.; identification of questions and search of evidence; critical appraisal of evidence; formulation and grading of recommendations
18:00–18:30	Wrap-up of the groups

* Delegates will be assigned to a specific topic and receive the related evidence to be appraised before School attendance

DAY 2

08:30–10:30	Plenary: Work discussed by each group in the presence of the full faculty for shared discussion: Groups 1 to 3
10:30–11:00	Coffee break
11:00–12:30	Plenary: Work discussed by each group in the presence of the full faculty for shared discussion: Groups 4 to 5
12:30–13:15	State of the art lecture on "Reaching consensus in cirrhosis and portal hypertension: evidence-based approach" – Faculty TBD
13:15–13:45	Post-quiz, comments and student evaluation of the School
13:45–14:00	Prizes and concluding remarks

Examples of potential controversial clinical areas for discussion

(1 or 2 per group)

1. Compensated cirrhosis. Problems to be addressed: diagnosis of CSPH, prognostic meaning of CSPH, beta-blockers in CSPH (varices vs. high LSM)
2. Decompensated cirrhosis. Problems to be addressed: long-term albumin (evidence, vs. TIPS) in recurrent ascites, secondary and primary prophylaxis of SBP, beta-blockers in recurrent/refractory ascites
3. Portal vein thrombosis. Problems to be addressed (outside the liver transplantation setting): treatment (partial vs. complete, anticoagulation vs. follow-up), impact on survival (partial vs. complete), efficacy of anticoagulants, efficacy of DOACS
4. TIPS in (early) prevention of recurrence. Problems to be addressed: prognostic meaning of variceal bleeding \pm ascites, TIPS for recurrent bleeding (evidence on variables to consider: ascites, bleeding while on NSBB), TIPS for recurrent ascites, prevention of encephalopathy
5. Etiological treatment: Problems to be addressed: defining cirrhosis regression and recompensation, methods to evaluate cirrhosis regression, value of HVPG in MAFLD cirrhosis, HCC surveillance after HCV treatment.